

**The Importance of
Occupational Safety
and Health: Making for
a "Super" Workplace**

21ST ANNUAL VIRGINIA OCCUPATIONAL SAFETY AND HEALTH CONFERENCE



**Embassy Suites
Hampton Roads—
Hotel, Spa & Convention Center
Hampton, Virginia**

October 19-21, 2016

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**PRESENTED BY THE VIRGINIA DEPARTMENT OF LABOR AND INDUSTRY
IN ASSOCIATION WITH
THE VIRGINIA STATE ASSOCIATION OF OCCUPATIONAL HEALTH NURSES**

VOSH PRE-CONFERENCE WORKSHOPS

Open to All Conference Attendees, No registration required

DRIVE SMART VIRGINIA

Employees who practice safe driving habits off-the-job are less likely to be injured or killed on-the-job.

This workshop will help you cultivate a culture of safety that extends beyond the workplace. Traffic safety should be a major component of your company organization's overall safety training program. Fostering safe driving habits not only benefits employees and the community, it's also good business.

An employer may be held legally accountable if it can be successfully argued that an employee was acting within the scope of his or her employment at the time of a crash.

AMERICAN SOCIETY OF SAFETY ENGINEERS

Join fellow members of the American Society of Safety Engineers from around the Commonwealth at a meet and greet, discuss meeting plans for the year, marketing and membership opportunities and hear from ASSE leadership.

If you're an ASSE member, plan to attend this great networking opportunity! If you're not an ASSE member but are interested in joining, please join us!

Find out how you can add strength to your chapter's numbers!

VIRGINIA STATE ASSOCIATION OF OCCUPATIONAL HEALTH NURSES

Meet fellow members of the Virginia State Association of Occupational Health Nurse and discuss topics and issues of the day! Not a member? All are welcome!

POSTER SESSION

Don't miss the Safety and Health Poster Session being presented by the VOSH Consultation Division at the 21st Annual Virginia Occupational Safety and Health Conference. The Poster Session will consist of presentations displayed on bulletin boards by an individual or small group and a brief narrative mixed with illustrations, tables, graphs, and similar presentation formats.

The posters will communicate a specific safety and health hazard, best practices, or other noteworthy topics from the occupational, safety and health fields and will be displayed for the duration of the conference.

ASBESTOS WORKSHOP

The asbestos workshop will cover all of the regulations 1926.1101, 1926.62, 1910.1001, 1910.1025 and Neshap EPA Regulations.

Handouts and information regarding the regulations will be provided.

Representatives from the Virginia Department of Environmental Quality, the Virginia Department of Professional and Occupational Regulation, Board for Asbestos, Lead and Home Inspectors, and the Board for Contractors will also be on hand to address their part in the compliance of the regulations.

The 21st Annual

Virginia Department of Labor and Industry

Occupational Safety and Health Conference

..... "The Importance of Occupational Safety and Health: Making for a 'Super' Workplace"

For more than 20 years the Virginia Department of Labor and Industry's Virginia Occupational Safety and Health (VOSH) Conference has been Virginia's premier event highlighting health, safety and environmental best practices, challenges and solutions.

In recent years the conference has partnered with the Virginia State Association of Occupational Health Nurses (VSAOHN) to address even more educational, insightful and thought provoking topics.

This year's conference at the Embassy Suites Hotel, Spa and Convention Center, October 19 – 21, 2016 will feature key note speaker John Howard, MD, MPH, JD, LLM, Director of the National Institute for Occupational Safety and Health (NIOSH). His topic: "*The Future of Work.*"

In addition, the conference will present Secretary Brian J. Moran, who oversees 10 state agencies and the Department of Homeland Security. As General Session speaker Mr. Moran will discuss safety and health issues in the public sector. Also on hand as General Session speaker will be Aaron Trippler, Director of Government Affairs for the American Industrial Hygiene Association (AIHA). Mr. Trippler will discuss "*The Future of Occupational Safety and Health in this Crazy Election Year.*"

This year's conference theme "The Importance of Occupational Safety and Health: Making for a 'Super' Workplace," reflects efforts to provide affordable safety and health training to employers, employees and safety and health professionals as they strive to improve safety and health in the workplace and meet the growing needs and expectations of the workforce.

The conference provides a unique opportunity for professionals to share best practices, resources and experiences and discuss views and concerns with a wide range of knowledgeable speakers with expertise in the fields of safety, health, human resources, construction, industrial hygiene and healthcare to name a few.

Exhibitors will also be on hand to provide a unique opportunity for participants to network and learn about innovative technology and services to strengthen their safety and health management systems. With 35 exhibitors on hand featuring the latest in safety, PPE, construction and health related products and services; you can't miss!

KEYNOTE AND GENERAL SESSION SPEAKERS

KEYNOTE SPEAKER

John Howard, MD, MPH, JD, LLM serves as the Director of the National Institute for Occupational Safety and Health and the Administrator of the World Trade Center Health Program the U.S. Department of Health and Human Services in Washington, D.C. He first served as NIOSH director from 2002 through 2008, and again from 2009 to the present. In 2015, Dr. Howard was re-appointed to an unprecedented third six-year term by Dr. Thomas Frieden, the Director of the Centers for Disease Control and Prevention.



Prior to his appointment as Director of NIOSH, Dr. Howard served as Chief of the Division of Occupational Safety and Health in the California Department of Industrial Relations, Labor and Workforce Development Agency, from 1991 through 2002.

Dr. Howard received his Doctor of Medicine from Loyola University of Chicago, his Master of Public Health from Harvard School of Public Health, his Doctor of Law from the University of California at Los Angeles, and his Master of Law in Administrative Law and his Master of Business Administration in Healthcare Management from George Washington University in Washington, D.C.

GENERAL SESSION SPEAKER

Secretary Brian J. Moran has a passion for public service, particularly in the area of public safety and social justice issues. He began his career as a judicial law clerk in Arlington, learning the intricacies of the court system. In 1989 he became County prosecutor where he prosecuted a variety of crimes including murder and rape. In 1996, he was elected to the Virginia House of Delegates representing the 46th legislative district, a seat he held for 13 years until 2008.



While in the legislature, Secretary Moran served on the Courts of Justice Committee, the State Crime Commission, the Militia, Police, and Public Safety Committee, the Board of the Alcohol Safety Action Program, and the Secure Virginia Panel.

He was appointed Secretary by Governor McAuliffe in December, 2013. In addition to overseeing 10 state agencies and the Department of Homeland Security, Secretary Moran serves as Virginia's Chief Resilience Officer, charged with leading the effort to prepare Virginia for the current and future effects of climate change. He also chairs or co-chairs eight Commissions and task forces, including the Task Force on Prescription Drug and Heroin Abuse and the Task Force on Combating Campus Sexual Violence.

GENERAL SESSION SPEAKER

Aaron Trippler is Director of Government Affairs for the American Industrial Hygiene Association (AIHA). Mr. Trippler directs government affairs for more than 70 local sections and is chief liaison with Congress and federal agencies. He has served in this capacity since 1992, when he developed the AIHA government affairs program.



In directing federal affairs, Aaron is responsible for following all federal legislation and regulations, as well as drafting AIHA Congressional testimony and working with numerous federal agencies on the public policy issues of AIHA. Aaron also directs state government affairs for AIHA, annually reviewing nearly 3,500 pieces of state legislation and regulations affecting the profession of industrial hygiene and testifying when needed.

Aaron has 30 years experience in federal and state government affairs and has developed government affairs programs for three national associations. He holds a BS degree in Business Administration.

SESSION DESCRIPTIONS

OSHA CONSTRUCTION COURSE 10-HOUR

This course covers OSHA policies, procedures and standards; as well as construction safety and health principles. Topics include scope and application of the OSHA construction standards. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide. Upon successful course completion, the student will receive an OSHA construction safety and health 10-hour course completion card.

OSHA GENERAL INDUSTRY COURSE 10-HOUR

This course covers the OSHA policies, procedures and standards; as well as general industry safety and health principles. Topics include scope and application of the OSHA general industry standards. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide. Upon successful course completion, the student will receive an OSHA general industry safety and health 10-hour course completion card.

A BURNING QUESTION: WHY WORRY ABOUT FLAMMABLE LIQUIDS?

Nearly every facility uses or stores flammable liquids. Fires and explosions from improper handling or storage of these materials pose significant risk. Hazards range from burns to fatalities, and from smoke & water damage to loss of your facility. The safeguarding of employees from harm and protection of your operation from physical damage and liability is a complex and ongoing task.

This session will examine the OSHA Flammable Liquids standard, 1910.106, and its relation to NFPA 30. Additional consensus and proprietary standards will be discussed as well as related topics such as electrical requirements and ventilation. Case studies and scenarios related to flammable liquid incidents will be presented and analyzed. Finally, this session will answer another burning question: "What happened to *combustible liquids*?"

1-BROMOPROPANE: CAREFUL IF YOU CHOOSE TO USE

1-Bromopropane (1-BP) is a solvent whose use in various industries has been increasing since the 1990s when EPA declared it as a potential alternative for ozone-depleting chlorofluorocarbons and similar regulated compounds. Today, we find it in many applications including dry cleaning, vapor degreasing, auto parts cleaning, spray adhesive applications, and electronic parts manufacturing. But don't just sit back and assume it's safe to use. Occupational exposure to 1-BP has been

linked to neurological illnesses. With these health concerns surrounding the use of this product, any employer who chooses to use it in their workplace must ensure its workers are protected.

BOILER AND PRESSURE VESSEL SAFETY

This session will present an overview of the Division of Boiler Safety Compliance and its responsibilities. It will be a general description of the Boiler Safety Law, the rules and regulations, and the codes that we operate by. Some background material on how the codes came into being will be discussed and how they continue to change to conform to present day requirements and evolving technology. The session will include department operations and how we track boilers and pressure vessels in our database. There will also be added information on some of the accidents that have occurred recently and things that are being done to prevent future occurrences

CONSTRUCTION CONFINED SPACE

Assisting the employer to understand:
Key terms specific to confined spaces in construction work.
Explain confined space versus permit required confined space, and hazards associated with confined spaces.

The importance of confined space permit, training requirements of training, and rescue responsibilities and more!

EMPLOYEE RESPONSE TO ACTIVE SHOOTER WITH A FOCUS ON SURVIVAL MINDSET

This Advanced Active Shooter training consists of a two member team using power point, lecture, employee hands on application of defense measures and program implementation training. Listed below are the topics covered in the training program.

- ✓ Contrast between Active Shooter and a Terrorist
- ✓ Run Hide Fight concept in-depth
- ✓ Survivor Mindset (Mental preparation and Mental Practice)
- ✓ Mitigation Factors
- ✓ Characteristics of an Active Shooter
- ✓ Active Shooter background with specific case histories
- ✓ Various barricade devices and techniques
- ✓ Workplace Weapons available to defend against attack
- ✓ Emergency Action plans and how they contribute to survivability.
- ✓ Breakdown of individual responsibilities
- ✓ Actions of First responders and expected employee responses.

SESSION DESCRIPTIONS

- ✓ Post Event Actions
- ✓ Basic Active Shooter Defensive Tactics demonstration
- ✓ Redman Active Shooter exercise (run, hide, Fight) demonstration
- ✓ Redman Team Take Down exercise (using participants)
- ✓ Active Shooter Table-Top exercise

ETHICS IN INSURANCE, BUSINESS, AND LIFE

The Ethics in Government, Business, and Life continuing education course will be presented to professionals as a study of the requirements and prohibitions governing actions based on values.

This Ethics course is unlike any Ethics course you've taken. It is highly interactive. You will be engaged from start to finish. You'll be provided with an ethical process that you can use in all aspects of your government life, business life and personal life.

It should be easy to do the right thing all the time but in life and work it sometimes becomes a blurry line. This seminar will discuss the challenges that may arise during the process of work. We will discuss real – life stories with possible resolutions. We will talk about the golden rule as it applies to resolutions in this interactive class with discussions on the ethical challenges that are encountered and ways we can resolve situations in good faith.

FIRE BRIGADE: FIRING UP OUR SAFETY PROGRAM

This session will discuss RR Donnelley's (All Employee) volunteer fire brigade and the safety advantages that the team brings to the company and the employees.

FORKLIFT TRAINING: ARE WE SUPPOSED TO DO THAT AND WHY?

Each year forklift accidents results in the loss of life, personal injuries and damages to product and property mostly due to driver error. In 2014 there were 65 fatal injuries that the primary source was powered forklift, order picker, platform truck. 25 of those included multiple traumatic injuries and disorders. 55 were at industrial places. Don't let your company be on the news for a forklift fatality.

A forklift is a powerful tool that is used to move product and materials efficiently and safely. Come find out what you need to train your employees on to operate this equipment safely. Learn when training is required and what it should cover. Don't be the lead story on the news.

"I CAN'T REMEMBER!" - USE LEARNING STYLE PRINCIPLES FOR EFFECTIVE TRAINING & MORE

Have you ever asked an employee about safety information important to their job, and not only did they not know what you are talking about, but told you they don't remember receiving the training? What needs to improve and how; the learner, the lesson or the delivery?

This session will provide you methods for better information reception, understanding and retention. It will review typical training techniques and challenges and outline how learning style principles affect information processing and retention. A "crawl, walk, run" process will be shared that was used to improve safety training and employee engagement in emergency preparedness.

IMPULSE NOISE

The presentation is intended to introduce the audience to the current limitations occupational health and safety professionals face when trying to assign risk to the exposure of impulse noise from weapons fire. In fact, OSHA offers little guidance and definitive statements when it comes to impulse noise exposure. NIOSH is currently revisiting their impulse noise exposure guidance. There are many differences between continuous noise and impulse noise including key terminology and damage risk assessment. There is a great debate among impulse noise subject matter experts and until much needed research is performed, there may not be a consensus on the horizon. This presentation will introduce the audience to equipment that accurately and not so accurately measures the peak of an impulse waveform.

JSA - NOT YOUR AVERAGE HAZARD ANALYSIS COURSE

Presented by the Chesapeake Region Safety Council, the Lead Organization for the Mid Atlantic OTI Education Center.

This course will cover the definitions of commonly used safety terms as well as a discussion on how we become conditioned to accept unacceptable levels of risk. The program will use the construction industry and contractor goals to set the framework for the discussion. Finally there will be a discussion on the fundamentals of job hazard analysis and how it can serve as a functional tool in logically breaking down work activities and addressing their hazards.

SESSION DESCRIPTIONS

MACHINE GUARDING 101

This session is focused on helping employers know and understand the requirements of machine guarding in the workplace. Every year, over 50,000 people are injured, and over 300 killed in accidents related to machine guarding. This session is meant to help employers ensure that their employees do not become a statistic.

During the course of the session, employers will learn the guarding requirements of all manner of machinery. In addition, we will cover accident investigations from previous VOSH and OSHA investigations, as well as the alarming statistical rates of injuries, fatalities, and fines incurred from a lack of machine guarding. Employers will leave with helpful tools to assist in ensuring that their organization has properly guarded all of their tools and machinery.

MINOR WORKFORCE AND LABOR LAWS

Are you in compliance with labor and employment laws in the Commonwealth? If you cannot answer this question in the affirmative with absolute certainty, you should attend this session. Many employers are unknowingly violating payment of wage law and are unaware of it until an employee files a claim against the company. Don't be caught by surprise. Allow us to provide you with the information you need to ensure your answer to the aforementioned question is a resounding yes!!

OVERVIEW OF THE NEW BSR*/IICRC S540 TRAUMA AND CRIME SCENE CLEAN-UP STANDARD

In the past there has been little oversight or regulation regarding clean-up of trauma scene sites. However in late 1991, the federal government enacted a new standard that set requirements for employers with employees who are at risk of being exposed to blood and human body fluids.

The OSHA Bloodborne Pathogens Standard (29CFR 1910.1030) was a response to the growing danger posed by diseases transmitted via blood/body fluids, particularly human immunodeficiency virus (HIV) with its related disease of Acquired Immunodeficiency Syndrome (AIDS) and the hepatitis B virus (HBV), which can cause serious and life-threatening illness. However the OSHA standard was aimed generally at healthcare providers and facilities, and really did not address safety and health related to clean-up of a site after a trauma event. Also there was and still is a lack with an accepted consensus clean-up standard for trauma scenes.

The Institute of Inspection Cleaning and Restoration Contractors (IICRC) has developed a standard of practice for clean-up of trauma crime scenes similar other standards developed by this group including water restoration, mold remediation, and carpet cleaning. This new standard describes the procedures to be followed and the precautions to be taken when perform-

ing trauma and crime scene remediation regardless of surface, item, or location.

This is a new standard under IICRC and has been developed in accordance with the ANSI Essential Requirements as an American National Standard. Mr. Chapman is a member of the S540 Consensus Body that has written and developed the standard.

PRESCRIPTION MEDICATION ABUSE IN THE WORK PLACE – CASE HIGHLIGHTS

Prescription Drug Abuse continues to be a prevalent problem in the United States. Not only are opioids misused and abused, but also numerous other drugs such as sedative-hypnotics, sleep aids, muscle relaxers and stimulants. Clinical effects vary depending on the dosing of the drugs, either alone or in combination with other substances. Adverse clinical effects can lead to erratic work place behavior and the potential for workplace injuries. Commonly utilized drug screens are limited in the ability to detect many of the prescription drugs that may be abused.

This lecture is factual case-based, highlighting a variety of employees that may be encountered in the workplace with prescription drug inebriation. The importance of case event documentation will be discussed. The role of drugs screens will be reviewed and the limitations highlighted.

REQUIRED OSHA TRAINING FOR GENERAL INDUSTRY AND CONSTRUCTION

This presentation will cover training required by the employer to the employees before work begins. When is training required for the employee? Employer retraining of employees.

FOOD SERVICE INDUSTRY CO₂ HAZARDS

Carbon Dioxide (CO₂) in beverage dispensing systems can be dangerous, even deadly. High concentrations of CO₂ can result in death in less than 15 minutes. This session will discuss the asphyxiation hazards involved with beverage dispensing sites at restaurants, workplace cafeterias, and breweries. You will also learn about applicable OSHA and NFPA standards, including measures to prevent employee exposure to this hazard.

RIGGING FUNDAMENTALS

Comprehensive presentation on the ASME standards that applies to lifting and rigging along with practical knowledge on how to use rigging. The additional loads placed on rigging when you pull at an angle (30,45,60 degrees) when performing a lift. Inspection of rigging hardware and lifting slings will be covered and provide insight to when they should be removed from service.

SESSION DESCRIPTIONS

ROBOTICS

Within the past few years, the field of robotics has grown significantly to include collaborative robots (robots that interact directly with workers), and safety systems have developed to the point of extremely high reliability. This presentation will acquaint safety professionals with the opportunities available to provide safe working environments involving robots.

SAFETY & HEALTH: THERE'S AN APP FOR THAT!

In today's world of Safety and Health, things change often and technology is playing a role. This session will concentrate on how and why mobile applications can be used in the field of Safety & Health. We will discuss some different ways safety & health apps are being utilized in the work force, review some currently available health & safety related apps and talk about where mobile applications may take us in the future.

SAFETY CHALLENGES IN CORRECTIONAL INDUSTRIES

Virginia Correctional Enterprises (VCE) was established by the General Assembly over 75 years ago as a work program to produce goods and services for agencies of the Commonwealth of Virginia. VCE provides work opportunities and skill learning programs for offenders incarcerated within the Department of Corrections. In FY2015, Virginia Correctional Enterprises employed 15,273 offenders for over 1.7 million hours of training in 26 service and manufacturing industries at 18 prison facilities throughout the Commonwealth.

Services provided by Virginia Correctional Enterprises encompass braille translation, eyewear and dental prosthesis, digital document conversion; silk screen, printing and graphics; automobile tags, and signs; janitorial products and replacement printer cartridges. Durable Goods produced include dormitory furniture, a large selection of office furniture (desks, chairs, credenzas, etc.); modular furniture; Office Systems (cubicles, etc.); metal products; vehicle conversion, textiles and embroidery.

The challenges are: how do we accomplish all of this in a safe and productive manner in a correctional setting?
Safety is a value not a culture – Cultures change over time but values are finite.

SILICA: REGULATORY UPDATE

Silica dust is hazardous when very small (respirable) particles are inhaled. Respirable silica dust particles can penetrate deep into the lungs and cause disabling and sometimes fatal lung diseases, including silicosis and lung cancer, as well as kidney disease. Occupational exposure to respirable crystalline silica occurs when cutting, sawing, drilling, and crushing of concrete, brick, ceramic tiles, rock, and stone products. More than 2.3

million workers in the United States are potentially exposed to dust containing crystalline silica with nearly 90% of those workers employed in the construction industry. The current silica standards are being updated. Are you aware of the impact the new silica rule may have on your business? In this session the key requirements included in the final silica rule will be discussed to include updated permissible exposure limits, exposure assessments, exposure control methods and compliance dates.

THE DO'S AND DON'TS OF DIVERSITY: MANAGING AND TRAINING A MULTICULTURAL WORKFORCE

In this session we will share with you the methods we have used, are currently using and future plans for improvement in training and managing a multicultural workforce.

We will share some of our failures as well as some of our success stories of the do's and don'ts we have experienced working and training in a multi cultural workforce.

Interactive learning: we will ask for volunteers to be trained on the props we provide, using a trainer that does not speak the language of the trainee.

Video shots of our current JTA's.

Resource sharing.

Best Practices

Turnover and Safety numbers. Then and Now.

THE IMPORTANCE OF SUPERLEADERSHIP IN MAKING A 'SUPER' WORKPLACE

What superhero power would make you a better health and safety professional? Superman's ability to fly-in and save the day (and the organization's superman gets promoted too). How about Wonder Woman's Lasso of Truth? With that the root cause of every employee injury would be known without a doubt.

Early in our careers we likely wished for these abilities, but with experience, we learn we want the power of a lesser known superhero, Karma. She can take possession of the minds of other people. With that power we could stop every injury before it happens! But since none of us are superheroes, we'll have to settle for the next best thing, Superleadership, a leadership style developed by Charles Manz.

In this workshop, we will discuss applying the principles of Superleadership to influence employees to be self-leaders of their own health and safety. This is key to decreasing injury rates because an organization's health and safety professional cannot move, think, and react like Flash and be everywhere at the speed of light.

SESSION DESCRIPTIONS

USING FUN TO GET YOUR EMPLOYEES READY FOR THE WORKDAY

This breakout session will provide attendees with ways to make safety FUN to prepare employees for their workday. Topics covered are ones that have made Cintas successful in becoming a world leader in safety from team mascots, hands-on activities, games, stretch and flex, and much more. These are all original ideas coming from Cintas frontline employees to make their workday FUN and Safe!

VOSH RECOGNITION PROGRAMS

Find out the latest information on the requirements and benefits of VOSH safety and health recognition programs. See if your workplace measures up to become a VPP STAR, SHARP OR BEST participant.

YOUR BEST DEFENSE: REDUCING CRASH RISK

This session covers how to encourage employees to be safety-minded while driving. With cheaper gas prices, Americans are driving farther and more often. Distracted driving is a growing problem on the nation's roadways. Reduce fleet driver distraction and help employees sharpen their overall driving skills by teaching them what NOT to do behind the wheel.

BUILT-TO MOVE

Tidewater Physical Therapy offers Behavior-based Safety Training, called "Built-to-Move". Implementing this program can help you and your employees to be more healthy, safe, and productive at work. Built to Move is based on 8 characteristics of safe human motion and can be applied in any work environment. We empower workers to take personal responsibility for their safety. "Built to Move" includes teaching and training in 3 key areas:

- Work Preparedness: work-specific warm up and stretching programs
- Work Safety: based on our 8 characteristics of safe human motion and 3 on-site work strategies, TPTI teaches workers how to stay safe with material handling and sustained/repetitive work postures.
- Work Recovery: includes education and training in micro-break, counter-strain, task rotation and fatigue recognition skills units

What will we accomplish?

- Improve employee productivity over their careers
- Keep workforce safe
- Reduce workplace injuries
- Lower workers' compensation costs

CONFERENCE AGENDA

21st Annual Virginia Occupational Safety & Health Conference

WEDNESDAY, OCTOBER 19, 2016

- 9:00 AM **Registration Open**
- 9:00 AM **Exhibits Open** – Ballrooms B & C
- 9 – 11 AM **DRIVE SMART Virginia Workshop**
'Safe Driving Habits' – Janet Brooking, DRIVE SMART VA
- 9-11 AM **Asbestos Abatement Workshop** – Doug Wiggins, Virginia Department of Labor and Industry/Trisha Henshaw, Board for Asbestos, Lead and Home Inspectors/ Eric Olsen, Board for Contractors/ Representatives from Department Environmental Quality and Department of Professional and Occupational and Regulation
- 9-11 AM **Virginia State Association of Occupational Health Nurses Workshop**
- 9-11 AM **American Society of Safety Engineers**
Open to All
- 11:45 AM **Opening Remarks**
C. Ray Davenport, Commissioner, Virginia Department of Labor and Industry
Warren Rice, Director, Cooperative Programs, Virginia Department of Labor and Industry
- 12:00 PM **Lunch**
- 1:15 PM **General Session—"Safety and Health Issues in the Public Sector"**
Brian Moran
Secretary
Department of Public Safety and Homeland Security
- 2:15 PM **Sessions**
1. **Robotics** – Gary Garrahan, CHMM - STIHL
 2. **Your Best Defense: Reducing Crash Risk** - Janet Brooking/ Rich Jacobs
DRIVE SMART Virginia
 3. **VOSH Recognition Programs** – Milford Stern/Dennis Edwards
Virginia Department of Labor and Industry
 4. **Construction Supervisors, What You Should Know** —Anna Jolly, JD, CHMM
Circle Safety and Health Consultants, LLCC
 5. **Prescription Medication Abuse in the Work Place – Case Highlights**
Christopher Holstege, MD, Professor School of Medicine – University of Virginia
 6. **Using FUN to Get Your Employee's READY for the Workday**
Matt Gannon/Kristyn Grow, CSP, CHMM, SGE/Heather Holt/Frank Ragone
Cintas Corporation
- 3:15 PM **Break**

CONFERENCE AGENDA

3:35 PM Sessions

1. **Built to Move** – Julie Radan - Tidewater Physical Therapy, Inc.
2. **Update on Work Zone Safety Requirements** —David Rush—Virginia Department of Transportation
3. **Safety & Health; There's an APP for That!** – Allen Hatch
Virginia Department of Labor and Industry
4. **IH Sampling and Banding** —Daniel Chute, CSP, CIH
Atrium Environmental Health and Safety Services
5. **Prescription Medication Abuse in the Work Place – Case Highlights**
Christopher Holstege, MD, Professor School of Medicine – University of Virginia
6. **Food Service Industry CO₂ Hazards** – Jennifer Rose, CSP
Virginia Department of Labor and Industry

THURSDAY, OCTOBER 20, 2016

8:00 AM Sessions

1. **Minor Workforce and Labor Laws** - Jermial Gray
Virginia Department of Labor and Industry
2. **Machine Guarding 101**—Edward Shelton - Virginia Department of Labor and Industry
3. **1-Bromopropane: Careful if You Choose to Use** —Karen Wu
Virginia Department of Labor and Industry
4. **Fire Brigades: Firing Up Our Safety Program** –Jaye Eggleston/Randy Baker
RR Donnelly – Lynchburg Fire Brigade
5. **Boiler and Pressure Vessel Safety** – Ed Hilton, Virginia Department of Labor and Industry
6. **Alive and Well Safety Culture** – Scott Bittner/Joan Broda-Forbes
Edgewell Personal Care Products

9:00 AM Break

9:20 AM Keynote Address - "*The Future of Work*"

John Howard, MD, MPH, JD, LL.M.
Director
The National Institute for Occupational Safety and Health

10:20 AM Sessions

1. **Safety Challenges in Correctional Industries** —Jim FaJohn CSM, SMT
Virginia Correctional Enterprises
2. **The Do's and Don'ts of Diversity: Managing and Training a Multicultural Workforce**
Connie Isenhardt - Cargill Hatchery
3. **Intrinsically Safe Work Tools and Meters** – Chris Connell – Fluke
4. **Impulse Noise** – Corey Bender, Virginia Department of Labor and Industry
5. **Using FUN to Get Your Employee's READY for the Workday**
Matt Gannon/Kristyn Grow, CSP, CHMM, SGE/Heather Holt/Frank Ragone
Cintas Corporation
6. **Alive and Well Safety Culture** – Scott Bittner/Joan Broda-Forbes
Edgewell Personal Care Products

11:45 AM Lunch – Awarding of Vendor Prizes

CONFERENCE AGENDA

1:00 PM **Sessions**

PLEASE NOTE: THESE ARE EXTENDED SESSIONS AND RUN FROM 1PM TO 4:30PM WITH A BREAK AT 2:15PM

1. **Rigging Fundamentals**— Rick Nyles - Crosby
2. **Trenching Safety** — United Rentals
3. **Construction Confined Space, Assisting the Employer to Understand** – Bill Groce, CHST/Brandy Johnson - Virginia Department of Labor and Industry
4. **Employee Response to Active Shooter with a Focus on Survival Mindset** Michael Britt/Donny Hawkins - Sentinel Security Group
5. **Welding Back to Basics** – Brian Hale- New Millennium Building Systems
6. **JSA - Not Your Average Hazard Analysis Course**— — Dave Madaras
Chesapeake Region Safety Council

2:15 PM **Break**

FRIDAY, OCTOBER 21, 2016

8:30 AM **Sessions**

1. **"I Can't Remember!" Use Learning Style Principles for Effective Training & More**
Paul Repak, DuPont—Nomex® - Spruance Plant
2. **Ethics in Insurance, Business and Life** – Bruce Vogt – Vogt Consulting Services
3. **Forklift Training: Are We Supposed to Do That and Why?** — Tracy Cook-Fitzpatrick
Virginia Department of Labor and Industry
4. **VOSH Statistics** - Jay Withrow - Virginia Department of Labor and Industry
5. **Overview of the new BSR*/IICRC S540 Trauma and Crime Scene Clean-up Standard**
Christopher Chapman, CIH – ECS Mid-Atlantic, LLC
6. **The Importance of Superleadership in Making a "Super" Workplace**
Grant Watson – NASA Langley Research Center

9:30 AM **Break**

9:40 AM **Sessions**

1. **Change Management: The Active Ingredient for Growth & Improvement in Safety**
Joseph White– American Equity Underwriters
2. **Apprenticeship: The Importance to the Workforce in Virginia**
Maynard Stowe —Virginia Department of Labor and Industry
3. **Fatal Flaws: An Overview of Virginia's Workplace Fatalities**
Commissioner C. Ray Davenport - Virginia Department of Labor and Industry
4. **Required OSHA Training for General Industry and Construction**
Bill Groce, CHST, Virginia Department of Labor and Industry
5. **A Burning Question: Why Worry About Flammable Liquids?**
Craig Collins/Marta Fernandes—Virginia Department of Labor and Industry
6. **Silica: Regulatory Update** — Deonna Hargrove— Virginia Department of Labor and Industry

10:40AM **General Session— "The Future of Occupational Safety and Health in this Crazy Election Year"**

Aaron Trippler
Director
American Industrial Hygiene Association

Awarding of Major Prizes

12:00 Noon **Conference Adjourns**

Conference Information

3-DAY CONFERENCE OCT. 19-21, 2016

REGISTRATION FEE:

Now to Sept. 16 - \$275

After Sept. 16— \$325—Onsite Registration Only

Checks or Credit Cards Accepted Onsite

ONE DAY ONLY REGISTRATION FEE

Now to Sept. 16— \$200

After Sept. 16— \$275—Onsite Registration Only

Checks or Credit Cards Accepted Onsite

10-HOUR OSHA COURSE OCT. 18-19, 2016

REGISTRATION FEE

Attend any one (1) OSHA 10-Hour Course

(General Industry or Construction) - \$75

Deadline for Registration Sept. 16, 2016

NO ON-SITE REGISTRATION

**In-house registrations MUST be received by COB
on Friday, September 16, 2016**

NO EXCEPTIONS

**NO REGISTRATIONS WILL BE
ACCEPTED IN-HOUSE AFTER SEPT. 16, 2016**

***We accept MasterCard, Visa and American Express
We cannot accept Purchase Orders***

Make checks payable to: *Treasurer of Virginia*

REFUNDS

Cancellations must be submitted in writing before close of business Friday, September 23, 2016 in order to receive a refund. An administrative fee of \$25 will be charged for all cancellations. Substitution of attendees is allowed but notification must be made by Friday, September 30, 2016. "No shows" will not receive a refund. **Any cancellations received after Friday, September 23, 2016 are non-refundable.**

There are no exceptions.

Parking? - Parking is free

Directions? - Visit the hotel's website at:
www.EmbassySuitesHampton.com

Hotel Location:

The Embassy Suites Hampton Roads -
Hotel, Spa & Convention Center
1700 Coliseum Drive
Hampton, VA • 23666
757-827-8200
800-EMBASSY
www.EmbassySuitesHampton.com

Conference Location:

The Hampton Roads Convention Center
1610 Coliseum Drive
Hampton, VA • 23666
757-315-1610
www.thehrcc.com

Connected by a covered walkway to the Hampton Roads Convention Center, the Embassy Suites Hampton Roads - Hotel, Spa & Convention Center is a great place to make the most of your stay. Within easy reach of some of the area's largest corporations and most popular attractions, this all-suite hotel has excellent access to I-64 and is less than 20 miles from Norfolk International Airport and the Newport News/Williamsburg International Airport.

Start every day in style with a complimentary cooked-to-order breakfast. Keep active by swimming laps in the indoor pool or by utilizing the fitness center. The adjoining Hampton Road Convention Center features over 160,000 sq. ft. of conference and exhibition space making this the ideal choice as a Hampton conference hotel.

For hotel reservations contact the Embassy Suites Hampton Roads - Hotel, Spa & Convention Center directly. The **non-government rate is \$119 a day for a single or a double, plus tax, for government groups the rate is \$89 a day for a single, \$104 for a double, \$119 for a triple and \$134 for a quadruple, plus tax.**

**All Reservations and deposits must be made by
Friday, September 23, 2016**

To make reservations:

1. Call the hotel's in-house reservations at 757-827-8200 (after regular business hours you will be transferred to the 800-Embassy number, *or*
2. Call the Embassy line at 1-800-EMBASSY, *or*
3. You may go online
www.EmbassySuitesHampton.com.

Enter the dates, then choose "Add Special Rate Codes" then enter the Group Code in the box labeled "Group Code".

Group Codes:

VNP - for non-government groups

P2V - for government groups

2016 VOSH Conference Registration

Name _____ Title _____
Company Name _____ Address _____
City _____ State _____ Zip Code _____ Phone () _____
Fax () _____ E-mail: _____

Is this your first time attending the VOSH Conference? If yes, please check the box. ☐

REGISTERING FOR THE CONFERENCE SESSIONS?

Please refer to the conference agenda then note the desired session number next to the day and time below, for example—interested in attending the session on Robotics, being offered on Wed., Oct. 19 at 2:15pm? Then place the number '1' next to the time slot for Wed., Oct. 19 at 2:15pm. It's that easy!

If you are not attending a session on a particular day and time place a '0' on the line.

Also note, there are only 5 session timeslots. **On Thursday, Oct. 20 at 1pm the sessions are extended and last approximately 3 hours and include a break.**

Wed., October 19, 2016, 2:15pm _____
Wed., October 19, 2016, 3:35pm _____
Thurs., October 20, 2016, 8:00am _____
Thurs., October 20, 2016, 10:20am _____
Thurs., October 20, 2016, 1:00pm _____
Fri., October 21, 2016, 8:30am _____
Fri., October 21, 2016, 9:40am _____

ATTENDING AN OSHA 10-HOUR COURSE?: If yes, please check only the course you are attending:

OSHA 10 Hour General Industry Course - Oct. 18-19, 2016 ☐

OSHA 10 Hour Construction Course - Oct. 18-19, 2016 ☐

ATTENDING ONE DAY ONLY?:

Please check the day below and make your session selections for the day above.

☐ Wed., Oct. 19

☐ Thurs., Oct. 20

☐ Fri., Oct. 21

I need a Vegetarian Meal ☐

PHOTOGRAPH RELEASE: By submitting this registration form I grant DOLI, its representatives and employees the right to take photographs and videotape me in connection with the annual VOSH Conference. I authorize DOLI to use and publish the same in print and/or electronically. I agree that DOLI may use such photographs of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and Web content.

Paying by check? Make check payable to: Treasurer of Virginia

Credit Card Payments can be faxed to (804) 371-7634. ATTN: ACCOUNTING DEPT. THIS IS A SECURED FAX LINE.

PLEASE DO NOT EMAIL CREDIT CARD REGISTRATIONS

Registrations can also be mailed with payment to:

Virginia Department of Labor and Industry
Attn: Accounting Dept.—Annual Conference
Main Street Centre, 600 East Main St., Ste 207
Richmond, VA 23219

QUESTIONS? CALL (804) 786-5873

PURCHASE ORDERS CANNOT BE ACCEPTED

REGISTRATION FORM MUST ACCOMPANY PAYMENT



COMMONWEALTH OF VIRGINIA



DEPARTMENT OF LABOR AND INDUSTRY

CREDIT CARD AUTHORIZATION FORM

Non-Fill able Form **PLEASE DO NOT EMAIL THIS FORM.**

This information is confidential. This form will only be kept by the Department of Labor and Industry Finance Department. Please print, complete and submit with applicable documentation. Incomplete forms may be returned for completion, which will delay processing. **(Please Print Legibly)**

Company Name: _____
Federal Employer Identification Number: _____
Name Listed on Credit Card: _____
Cardholder Billing Address: _____
City: _____ State: _____ Zip Code: _____
Contact Daytime Phone Number: () _____ - _____
Email Address: _____
Reference/Invoice/Inspection Number (if applicable) _____ (9 digits)
Credit Card Type: _____ Visa _____ MasterCard _____ American Express (Only Check One)
Credit Card # _____
Expiration Date: _____ / _____ (Month/Year) Payment Amount: _____
Cardholder Signature _____ Date: _____

I certify that I am the authorized holder and signer of the credit card referenced above. I certify that all information above is complete and accurate. I hereby authorize the Department of Labor and Industry to process payment for all charges as indicated above. If additional charges are going to be authorized, a new form will have to be completed.

Mail or Fax Completed Form to:

Department of Labor and Industry
Attention: Accounting / Finance

Fax: 804-371-7634 **(SECURED FAX LINE)**

Main Street Centre
600 East Main Street Suite 207
Richmond, VA 23219
Questions: (804)786-5873

FINANCE USE ONLY

PROGRAM:
____ ASBESTOS/LEAD
____ BOILER
____ LABOR LAW
____ APPRENTICESHIP
____ CONFERENCE
____ VOSH
____ FOIA
____ ADMINISTRATION
____ OTHER

FINANCE ID #

DATE: _____

PROCESSED BY: _____

PLEASE DO NOT EMAIL THIS FORM.